

SENIORS SUPPORTS

A DIRECTORY FOR CONNECTION
AND LOCAL RESOURCES



2025 - 2027

Emergency Numbers

AMBULANCE, FIRE, RCMP EMERGENCY 911

RCMP Non-Emergency Inquiries (theft, vandalism, etc.)	780-808-8400
RCMP Administration (criminal record checks, court inquiries, etc.)	780-808-8300

ELECTRICAL POWER EMERGENCY

ATCO Electrical 24/7 Emergency Line	1-800-668-5506
Sask Power 24/7 Emergency Line	1-888-355-5589

NATURAL GAS EMERGENCY

ATCO Gas 24/7 Emergency Line	1-800-511-3447
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MEDICAL 24/7 PROFESSIONAL HEALTH ADVICE

HealthLine (Saskatchewan)	811
Health Link (Alberta)	811
Medical Emergency	811

SUICIDE CRISIS HELPLINE 988

POISON CONTROL

Alberta	1-800-332-1414
Saskatchewan	1-866-454-1212

CITY OF LLOYDMINSTER

After-Hours Assistance (water breaks, sewer backups, utility disruption, etc.)	780-872-5418
City Hall (Monday to Friday, 8:30 a.m. to 5 p.m., excluding holidays)	780-875-6184



Contact

Monday – Friday	8:30 a.m. to 5 p.m. (closed holidays)
Phone	780-875-6184
Email	fcss@lloydminster.ca
Website	www.lloydminster.ca/sps
Address	4420 50 Avenue Lloydminster, AB T9V 0W2

SPS Programs

The City of Lloydminster's Social Program and Services (SPS) department builds connection, resiliency and capacity for the residents of Lloydminster through innovative programs and community partnerships. Through upholding the Family and Community Support Services (FCSS) objectives in a local capacity, they are able to host programs, initiatives and opportunities that help develop Lloydminster.

A significant portion of the resources and funding comes through the FCSS partnership with the province of Alberta, through which SPS delivers services on both sides of the border.

INFORMATION AND REFERRAL

SPS Lloydminster aims to connect residents to local resources in the community through directories, newsletters, brochure distributions, events and celebrations. SPS also facilitates one-on-one conversations with residents in person, over the phone and by mail. Learn more about the department offerings and programs, visit www.lloydminster.ca/SPS. Register for the monthly newsletter at www.lloydminster.ca/Newsletter.

RECREATION ACCESS PROGRAM

The Recreation Access Program is an income-based and accessible program designed to remove some of the financial barriers associated with using City of Lloydminster recreation and cultural facilities. It allows eligible Lloydminster residents to access these facilities at a reduced cost. To learn more about the program, visit www.lloydminster.ca/RAP.

SENIORS TAXI PROGRAM

The Seniors Taxi Program allows seniors (65+) to buy tickets that provide one-way transit within city limits at a set amount per trip. This program supports local seniors as active participants in the community. Visit www.lloydminster.ca/SeniorsTaxi for more information.

NEIGHBOURHOOD BLOCK PARTY PROGRAM

The Neighbourhood Block Party program encourages residents living on the same street or within an apartment building to initiate a gathering where they can build relationships and connect over food, fun and play.

In 2024, the team launched the Cenovus Energy Block Party Trailer. The trailer comes equipped with different hosting equipment such as a 36" Propane BBQ, generator, sound system, picnic tables, handwashing station, coolers, 10x10 tents and outdoor games and activities.

Residents can choose between the Cenovus Energy Block Party Trailer or customizable Block Party Kits. Financial support is available to offset the cost of food, while road closure assistance is available to support in diverting traffic.

A connected neighbourhood is stronger, safer and happier. If you are interested in hosting a Neighbourhood Block Party, visit www.lloydminster.ca/BlockParty for more information.

NEIGHBOURHOOD GRANT PROGRAM

The Neighbourhood Grant Program helps residents work together to activate community resources in their neighbourhood for the benefit of everyone. Possible projects might include but are not limited to the development of the Block Party program, neighbourhood cleanups, neighbourhood events, little libraries, etc. For more information, visit www.lloydminster.ca/Grants.

NEIGHBOURHOOD CONNECTOR PROGRAM

The Neighbourhood Connector Program aims to bring neighbours together and reduce isolation by increasing friendships, sharing resources and creating a sense of community. If you are interested in becoming a Neighbourhood Connector, visit www.lloydminster.ca/NeighbourhoodConnector.

WELCOME HOME PROGRAM

The Welcome Home Program is for people who have moved to Lloydminster within the last 18 months and would like to know more about local services and opportunities. The program offers:

- **Welcome Info Meet-Up:** A member of our team will guide you through local services and help you navigate Lloydminster's unique bi-provincial characteristics.
- **A Welcome Home Package:** Provides essential resources and useful information.
- **Ongoing Support:** The team is here to offer ongoing information and referral to help you stay informed and connected.

Call the SPS Department at 780-875-6184 to book an appointment.

AWARENESS AND EDUCATION

The SPS department raises understanding of community issues through awareness campaigns, workshops and special events. Some highlights include National Seniors Day, mental health workshops, elder abuse prevention and the Community Social Needs Assessment. Stay up-to-date with these opportunities by signing up for the monthly e-newsletter at www.lloydminster.ca/Newsletter or by visiting www.lloydminster.ca/FCSSEvents.

NON-PROFIT GRANTS

Through non-profit grants, FCSS Lloydminster administers over \$500,000 in community funds to local non-profits. For more information on these funding opportunities, visit www.lloydminster.ca/Grants.

VOLUNTEERISM

Each year, SPS Lloydminster hosts a celebration for residents who volunteer in the community. If you are interested in volunteering, check out www.volunterconnector.org for local opportunities.

Introduction

The 2025-2027 Seniors Supports Directory is a pilot project which is designed to provide seniors with information regarding resources and services that can help improve their quality of life.

Every five years the City's Social Programs and Services (SPS) team conducts the Social Needs Assessment, which highlights the socio-economic climate which identifies the barriers to programs and services.

The Social Policy Framework (SPF) was developed to provide the community with a common understanding of how to resolve community issues collectively. The categorization of this directory is mainly based on the seven community priorities identified through the SPF report, with the addition of a general service category.

To read the entire report, visit
www.lloydminster.ca/LloydNeeds.



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Preparing for 65: A Checklist

What do you need to prepare for before turning 65 years old?

Federal Programs

Apply for these programs at least six months before your 65th birthday:

- ☐ Old Age Security (OAS)
- ☐ Guaranteed Income Supplement (GIS)
- ☐ Canada Pension Plan (CPP)

For more information, contact Service Canada at 1-800-622-6232 or visit www.canada.ca/Seniors.

Provincial Programs

- ☐ **Alberta:** You should receive a Seniors Financial Assistance application package in the mail three months before your 65th birthday.

The application includes the following programs:

- Alberta Seniors Benefit
- Special Needs Assistance for Seniors
- Dental and Optical Assistance for Seniors
- Seniors Home Adaptation and Repair Program
- Seniors Property Tax Deferral Program

If you did not receive a Seniors Financial Assistance package or require support, contact Alberta Supports at 1-877-644-9992.

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- ☐ **Saskatchewan:** No application is required to access the Seniors Income Plan. Seniors will automatically receive the benefits if they meet the following criteria:

- Be 65+ years old,
- Be a Permanent Resident of Saskatchewan,
- Receive full or partial OAS Pension and GIS, and
- Have an annual income below a specified level.

For more information, contact Saskatchewan's Ministry of Social Services at 1-800-667-7161.

Directory

1

Income Inequality

Income Inequality includes resources related to financial assistance, food resources, literacy and tech support and thrift or second-hand stores.

Financial Assistance

1. Alberta Supports

780-871-6480 or 1-877-644-9992

2nd Floor Provincial Building, 5124 50 St, Lloydminster, AB T9V 0M3

scss.ds-central@gov.ab.ca | www.alberta.ca/seniors-financial-assistance

The Seniors Financial Assistance programs supports seniors ages 65 years or older, have lived in Alberta for three months before applying for the program and are a Canadian Citizen or Permanent Resident (landed or sponsored immigrant).

- **Alberta Seniors Benefit** provides seniors a monthly income supplement to federal income resources including Old Age Security (OAS) and Guaranteed Income Supplement (GIS). Includes the Supplementary Accommodation Benefit which supports eligible seniors who reside in continuing care home with monthly accommodation charges.
- **Special Needs Assistance Program** provides seniors with low-income financial assistance toward a range of expenses including appliances and specific health and personal supports.
- **Dental and Optical Assistance for Seniors** provides basic dental coverage up to a certain amount every five years and provides financial assistance for the purchase of prescription eyeglasses up to a certain amount every three years.
- **Seniors Home Adaptation and Repair Program** is a low-interest home equity loan program to help senior homeowners finance home repairs, adaptations and renovations. Examples include but are not limited to; plumbing, heating, electrical, tree removal, windows, roof repairs, widening doorways and stair lifts. The program provides a certain amount and must be repaid upon the sale of the property, or earlier if you wish. Monthly payments are not required.
- **Seniors Property Tax Deferral Program** allows eligible senior homeowners to defer all or part of their annual residential property taxes through a low-interest home equity loan with the Government of Alberta. If you qualify, the program will pay your residential property taxes directly to your municipality on your behalf. You repay the loan, with interest, when you sell the home, or sooner if you wish. Monthly payments are not required.

NOTE: Aside from the general eligibility criteria, each financial program looks at other criteria such as marital status, annual income and type of accommodation, etc. The maximum funding amount is different per program and are set by Alberta Supports. For further information, refer to their website.

2. Saskatchewan Ministry of Social Services

1-800-667-7161

#1401 4907 50 St, Lloydminster, SK S9V 0N1

www.saskatchewan.ca/seniors

- The **Seniors Income Plan** (SIP) provides seniors with financial assistance to help meet their basic needs, in addition to income they receive through the Old Age Security (OAS) and the Guaranteed Income Supplement (GIS).
 - No application is required for this program. Individuals will automatically receive SIP benefits if they are 65 years or older, are a permanent resident of Saskatchewan, receive full or partial OAS and GIS and have an annual income below a specified level.

Seniors Income Plan (SIP) clients with active basic Saskatchewan Health coverage are eligible for a variety of additional health benefits, including:

- One free eye examination in each 12-month period.
- A reduced semi-annual deductible under the Drug Plan and Extended Health Benefits.
- Home care subsidy.
- Loan of some low-cost devices through SaskAbilities such as grab bars, raised toilet seats, bath seats and canes.
- **Seniors' Drug Plan** allows eligible seniors (65+) to pay \$25 for prescription drugs listed on the Saskatchewan Formulary or approved under Exception Drug Station. To be eligible for the program, applicant must:
 - Be a resident of Saskatchewan with a valid Saskatchewan Health card.
 - Be eligible for the provincial age credit, which is based on the annual net income.

3. Service Canada

1-800-622-6232

4114 70 Ave, Lloydminster, AB T9V 2X3

www.canada.ca/seniors

- **Canadian Dental Care Plan (CDCP)** makes the cost of dental care more affordable for eligible Canadian residents. To qualify for the program, individuals must meet all four requirements:
 - Do not have access to dental insurance.
 - Applicant and spouse/common-law must have filed their tax returns in Canada so that the family income can be assessed for the previous year.
 - The adjusted family net income is less than the amount set by the program.
 - Canadian resident for tax purposes.
- **Canada Pension Plan (CPP)** retirement pension plan is a monthly, taxable benefit that replaces part of an individual's income when they retire. To qualify, applicant must:
 - Be at least 60 years old.
 - Have made at least one valid contribution to the CPP.
- **Old Age Security Pension (OAS)** is a monthly payment for seniors ages 65+. To qualify for the program, applicant must:
 - Be a Canadian Citizen or a legal resident at the time Service Canada approves their OAS Pension application.
 - Have resided in Canada for at least 10 years since the age of 18 years old.
- **Guaranteed Income Supplement (GIS)** is a monthly payment for seniors ages 65+. The supplement is based on income and is available to OAS pensioners with low-income. It is not taxable. To qualify for the program, applicant must:
 - Live in Canada.
 - Receive the OAS pension.
 - Must meet income criteria.
- Service Canada is also responsible for processing passport and Social Insurance Number (SIN) applications.

What You Need to Know About Frauds and Scams

Fraud is the number one crime against older Canadians. Although anyone can be a victim of fraud, older people are often targeted more than others for a variety of reasons:

1. Older people are often at home to answer calls or open doors.
2. Older people are often trusting.
3. Typically do not have other individuals close by to ask for second opinion.

People who commit frauds and scams are commonly called as con artists. These individuals target anyone, regardless of age or financial status. Con artists use a variety of methods to scam people including phone calls, door-to-door visits and through the internet.

Common Types of Frauds and Scams

- **Identity Theft** – This occurs when a scammer steals personal information to impersonate someone else. They may use this information to apply for credit cards, take out loans or mortgages, or access bank accounts. They often seek details such as your bank card number, PIN, credit card number, health card number, Social Insurance Number (SIN), or driver's licence number.
- **Credit/Debit Card Fraud** – This happens when a scammer copies your card information to make unauthorized purchases or withdraw funds from your account.
- **Online Scams** – These scams come in many forms and are constantly evolving. Some may ask for your help or claim there's an issue with your bank account or tax return. Be cautious of emails with spelling errors, poor grammar, suspicious sender addresses, or questionable links.
- **Phone and Door-to-Door Scams** – In these scams, someone may call or visit your home pretending to represent a charity, a financial institution, or even a distant family member.

Tips and Safeguards

1. Find a secure place to keep your personal belongings such as Social Insurance Number (SIN), Birth Certificates, Passports, etc.
2. Never share your passwords such as PIN Numbers, bank accounts, etc. to anyone.
3. Safely dispose of any letters that might contain your personal information. Shredding is best.
4. Do not click any links from an unknown sender either through your e-mail or text message.
5. Never give out your credit card information to anyone you are not familiar with.
6. Do not sign an agreement or any contract without having read through the terms and conditions. No legitimate company or organization will require you to sign right away without giving you ample time to review and ask questions.
7. Be suspicious if someone you don't know asks you to send them money or a cheque, or to return money they accidentally sent you.
8. Before hiring someone or agreeing to have work done on your home, ask for proof of identity and references and check them.

All frauds and scams should be reported, even if you are embarrassed or feel the amount of money is too small to worry about.

Report all frauds and scams to your local police or call the Canadian Anti-Fraud Centre at 1-888-495-8501.

Information supplied by the Government of Canada

Food Resources

4. Grace United Church

780-875-8959

4708 50 Ave, Lloydminster, AB T9V 0W4

gucadmin@graceunitedchurch.ca | www.graceunitedchurch.ca

- **The Outreach Cupboard** runs Thursday, from 1 to 2 p.m., at the south doors of the church. Food resources are distributed to families and individuals in need. All participants are required to provide the organization with current identification.

5. Heart to Home Meals

780-666-2336 or 1-800-704-4779

edmonton@hearttohomemeals.ca | www.hearttohomemeals.ca

- Provide nutritious, chef-prepared frozen meals delivered directly to seniors' homes with options for special dietary needs.
- Personalized service with no subscription required, allows seniors to order at their convenience and maintain independence.

6. Midwest Food Resources

306-825-2606

lloyd.mwfr@gmail.com | www.midwestfoodresources.com

- **Good Food Box** comprised of fruits and vegetables at a reduced rate.
 - Pick up is on the 4th Thursday of every month at the Lloydminster Native Friendship Centre [see entry #62].
- **Collective Kitchen** is a program where a group of people meet to plan, shop and prepare several meals to take home to their families. Some fees may apply.

7. Salvation Army Food Bank

780-875-9166

2302 53 Ave, Lloydminster, AB T9V 2P9

lloydminster@salvationarmy.ca | www.salvationarmylloydminster.com

- Provides food hampers to seniors once every two weeks. Applicants must arrange an interview to confirm program acceptance prior to receiving a hamper.
- **The Seniors' Coffee Program** runs every Tuesday morning and is free for all participants.

8. St. Anthony's Catholic Church

780-875-2883

2704 56 Ave, Lloydminster, AB T9V 2C1

stanthony@shaw.ca | <http://stanthonylloyd.caedm.ca/>

- Provides food hamper to individuals and families in need.

9. St. John's Minster Anglican Church

306-825-3116

4709 49 Ave, Lloydminster, SK S9V 0T3

lloydanglicanchurch@sasktel.net | www.stjohnsminster.ca

- Offers free lunch every Tuesday, 11:30 a.m. to 12:30 p.m., from September to May.

10. The Olive Tree

780-870-1060

5002 51 Ave, Lloydminster, AB T9V 0Y3

foodbank@theolivetreelloyd.ca | www.theolivetreelloyd.ca

- Provides food hampers to individuals and families in need. Consisting of fresh produce, dairy, baked goods and meat to low-income seniors' buildings each week.
- Community Meals run every Monday, Wednesday and Friday from 5:30 to 6:30 p.m. This program is free for all participants.
- Seniors Luncheon run every Friday from 11 a.m. to 1 p.m., from September to May. This program is free for all participants.

Literacy and Tech Support

11. Lloydminster Learning Council Association

780-875-5763

#2 2801 50 Ave, Lloydminster, SK S9V 2A8

i-learn@lloydlearningcouncil.org | www.lloydlearningcouncil.org

- **English Language Learning** (ELL) for newcomers age 18 and above.
- Technology classes such as Microsoft, Google and Excel Series, QuickBooks and other technological programs.
- Senior-specific technology tutoring.

12. Lloydminster Public Library

780-875-0850

Lloyd Mall #160, 5211 44 St, Lloydminster, AB T9V 0A7

info@lloydminster.info | www.lloydminster.info

- **Extensive Large Print Collection** with a vast collection of authors in easy to read large print.
- **Variety of audiobooks** with many fiction, nonfiction and best selling books in audio format for user ease.
- **Senior-focused programming** that supports engagement with others through programs tailored for seniors.
- **Outreach services** includes regular library services visits to assisted living and senior residences.
- Free Public WiFi, access to computers, faxing and scanning and printing at minimal cost.

Thrift or Second-Hand Stores

13. Reclaim Store

780-870-0227

5302 50 Ave, Lloydminster, AB T9V 0W8

reclaimlloydminster@gmail.com | www.reclaimlloydminster.ca

- Second location of The Olive Tree Thrift Store supporting the charitable programs of The Olive Tree.
- Community donation depot for used furniture, building supplies, outdoor items, appliances, vintage and antique items and more.
- In-demand donations are bedroom furniture, living room furniture, washer and dryers and bikes.

14. SPARK Foundation of Lloydminster- Brass & Thread Thrift Co.

780-808-8485

5109 51 St, Lloydminster, AB T9V 0M3

brassandthread@sparklloydminster.ca

www.sparklloydminster.ca/brass-and-thread

- A community donation depot and second-hand store supporting the SPARK Foundation of Lloydminster (formerly known as “For the Interval Store”).
- Accepts donations of gently used items of all kinds, with exceptions of car seats, helmets, cribs, etc.
- Donations are accepted on Mondays, Fridays and Saturdays from 10 a.m. to 3 p.m.
- Large furniture pickup within Lloydminster is available by request.
- Provides personal care items, clothing and outerwear to community members in need.

15. The Olive Tree – Thrift Store

780-872-5818

5002 51 Ave, Lloydminster, AB T9V 0Y3

thriftstore@theolivetreeelloyd.ca | www.theolivetreeelloyd.ca

- A community donation depot and second-hand store that supports the charitable programs of The Olive Tree.
- Provides individuals and families in need with clothing and other personal items.
- Accepts donation of all kinds, with exceptions of car seats, helmets and cribs for safety reasons.
- In-demand donations include clothing of all sizes, winter gear and a high need for men’s clothing and shoes.

2

Housing

Housing refers to senior-specific housing that includes both non-profit and for-profit organizations. In this directory, there are three categories of senior housing which are independent living, assisted living and continuing care.

Independent Living is designed for active seniors seeking a maintenance-free lifestyle during their retirement years. These communities offer opportunities for enrichment, engagement and connection that enhance daily life and support a vibrant, independent lifestyle.

Assisted Living accommodations are intended for seniors who may need help with routine activities but can still live independently and do not require extensive medical care.

Continuing Care is classified into three types:

- **Type A** (formerly known as Long-Term Care) is intended for individuals with complex health needs whose care cannot be safely managed at home.
- **Type B** (formerly Designated Supportive Living) provides accommodation, meals and some health-related support while allowing residents to maintain a level of independence in a home-like setting.

Type B – Secure Space (formerly Designated Supportive Living for Dementia), which offers a secure and supportive environment for individuals living with dementia.

- **Type C** (Hospice or Palliative/End-of-Life Care) offers compassionate care in any setting, helping individuals experience dignity, comfort and support during the final stages of life.

Independent Living

16. Dr. Hemstock Retirement Residence and Hearthstone Place (AB)

780-808-2161

4202 54 Ave, Lloydminster, AB T9V 2Z3

www.verveseniorliving.com

- Manages senior homes that are both Independent Living and Assisted Living.

17. Lloydminster Housing Authority (SK)

306-825-5376

4510 49 Ave, Lloydminster, SK S9V 1G4

lloydminster.ha@gov.sk.ca

- Manages Halls Holme, an affordable rental housing in Saskatchewan for older adults (55+).

18. Lloydminster Métis Housing Group (SK)

306-825-4183

3201 45 Ave, Lloydminster, SK S9V 1W2

lmhg@sasktel.net | www.lloydminstermetishousing.ca

- Affordable rental housing in Saskatchewan for older adults (55+).

19. Lloydminster Region Housing Group (AB)

780-875-9131

#107A 3752 51 Ave, Lloydminster, AB T9V 3M7

admin@lrhg.ca | www.lrhg.ca

- Low-income rental housing for seniors (65+). Lloydminster Region Housing Group manages the following properties:
 - Fellowship Village – 5201 42 St, Lloydminster, AB T9V 1R5
 - Knox Manor – 5501 47 St, Lloydminster, AB T9V 0G9
 - Padua Place – 2710 56 Ave, Lloydminster, AB T9V 2C1
 - Southridge Estates – 4004 57 Ave, Lloydminster, AB T9V 2C4
 - David Thompson Manor – 400 2 St South, Marwayne, AB
 - Valley Manor – 410 2 St South, Marwayne, AB
 - Alberta Rose Manor – 4937 52 Ave, Kitscoty, AB

20. Wellings of Lloydminster (AB)

780-872-8537

3211 72 Ave, Lloydminster, AB T9V 3V6

nd@wellingsoflloydminster.com | www.wellingsoflloydminster.com

- A Vibrant New Community for Adults (55+).
- Enjoy maintenance free lifestyle, modern villas and a community clubhouse designed for fun times.
- Uncover the joys of Carefreedom Living at Wellings and live the lifestyle you always imagined living.

Assisted Living

21. Pioneer Lodge (AB)

780-875-3382

5722 50 St, Lloydminster, AB T9V 0N6

www.pioneerlh.net

- Managed by the Lloydminster Region Housing Group.

22. Points West Living (AB)

780-874-4300

4025 56 Ave, Lloydminster, AB T9V 1N9

reception.lloydminster@pointswestliving.com

www.connectingcare.ca/community/points-west-living-lloydminster

- A designated Assisted Living community with 60 suites, 24 of which are dedicated for residents living with dementia, Alzheimer's or like illness.
- Facility has 24-hour Health Care Assistants and Licensed Practical Nurses care and assistance.
- Residents are provided with three meals and snacks a day, reception, light housekeeping services and laundry services.

Continuing Care

23. Dr. Cooke Extended Care Centre (AB)

306-820-6200 (Saskatchewan Health Authority or SHA Home Care – Case Manager)

3915 56 Ave, Lloydminster, AB T9V 1N9

- Managed by Alberta Health Services (AHS) and is classified as Type A/Long-Term Care.
- To access this service, seniors must get an assessment from Home Care Case Manager.
 - SHA Home Care completes assessments for residents of Lloydminster within the municipal limits and outside the city on the Saskatchewan side. Alberta Case Management does assessments for residents of Alberta outside the city limits (outside 75th Avenue and 12th Street).

24. Jubilee Home (SK)

306-820-6200 (Saskatchewan Health Authority or SHA Home Care – Case Manager)

3902 45 Ave, Lloydminster, SK S9V 1Z2

- Managed by Saskatchewan Health Authority (SHA) and is classified as Type A/Long-Term Care.
- To access this service, seniors must be assessed by Home Care Case Manager.
 - SHA Home Care completes assessments for residents of Lloydminster within the municipal limits and outside the city on the Saskatchewan side. Alberta Case Management does assessments for residents of Alberta outside the city limits (outside 75th Avenue and 12th Street).

25. Lloydminster Continuing Care Centre (AB)

306-820-6200 (Saskatchewan Health Authority or SHA Home Care – Case Manager)

7402 29 St, Lloydminster, AB T9V 3N1

- Managed by Alberta Health Services (AHS) and is classified as Type A/ Long-Term Care.
- To access this service, seniors must be assessed by Home Care Case Manager.
 - SHA Home Care completes assessments for residents of Lloydminster within the municipal limits and outside the city on the Saskatchewan side. Alberta Case Management does assessments for residents of Alberta outside the city limits (outside 75th Avenue and 12th Street).

26. Pioneer House (AB)

780-875-3382

5725 51 St, Lloydminster, AB T9V 3V1

www.pioneerlh.net

- Managed by the Lloydminster Region Housing Group and is classified as Continuing Care Type B/Designated Supportive Living.
- Placement is completed through SHA System FLOW. However, applications can be completed by any Home Care provider in Canada and submitted to SHA placement.
 - SHA Home Care completes assessments for residents of Lloydminster within the city's municipal limits and outside the city on the Saskatchewan side. Alberta Case Management does assessments for residents of Alberta outside the city limits (outside 75th Avenue and 12th Street).

27. Border City Connects – Border City Express

780-205-1666

Box 2032, Lloydminster, SK S9V 1R5

admin@bordercityconnects.com | www.bordercityconnects.com

- Provides transportation to community members that have intellectual and physical challenges.
- Wheelchair accessible units.
- Service area includes Lloydminster and a 25 km surrounding area. In-town flat rate for one-way and out-of-town per km rate.
- Seniors Taxi Program applicable [see entry #29].

28. Border City Connects – Care-A-Van-Service

780-808-0042

Box 2032, Lloydminster, SK S9V 1R5

admin@bordercityconnects.com | www.bordercityconnects.com

- Provides transportation for community members to out-of-town non-emergency medical appointments.
- Lloydminster and Vermilion: Out-of-town clients can leave from meeting point in Lloydminster.
- Fee based on a donation and a process is available for community members with financial constraints.
- Must give as much notice as possible to secure volunteers. The trips are not on a set schedule.

29. Seniors Taxi Program

780-875-6184

4420 50 Ave, Lloydminster, AB T9V 0W2

fcss@lloydminster.ca | www.lloydminster.ca/seniorstaxi

- Assists seniors (65+) with transportation costs with local taxi providers.
- Vouchers are priced a set rate per one-way, nonstop transportation within City of Lloydminster corporate limits.
- Vouchers are available for purchase at different locations in the community. Please check website for locations.

4

Access to Health and Social Services

Access to Health and Social Services is a wide range of service that provides seniors with information related to connection services, dementia support, dental, health and wellness services, disabilities and health information, guardianship and trusteeship, home care, identification, documentation, or healthcare cards, Indigenous Peoples and walk in clinics.

Connection Services

30. Catholic Social Services

780-875-9084

6612 35 St, Lloydminster, AB T9V 3H1

www.cssalberta.ca

- **Senior Connections** (65+) is a free program that provides resources, referrals and information to seniors.
- **Personal Enrichment** (65+) is a fee for service program that provides companionship, support to attend medical/dental/eye appointments, community events, attend faith-based activities, and short-term hourly respite for caregivers available in home, care facility and/or community.
- Facilitates the **Community Volunteer Income Tax Program** (CVITP) where volunteers prepare income tax and benefit returns for eligible individuals with modest income and a simple tax solution.

31. Lloydminster Concerned Citizens for Seniors Care Society

5101 46 St Lloydminster, AB T9V 0C7

lccscs3@gmail.com

- Recognizes needs and issues affecting the aging population of our communities and advocate for actions and solutions.

32. The Olive Tree - Homebase Program

780-870-1060

5002 51 Ave, Lloydminster, AB T9V 0Y3

homebaselloydminster@gmail.com | www.theolivetreeelloyd.ca

- **Housing First Outreach Program** provides support to individuals experiencing chronic homelessness in Lloydminster.
- Offers case management, housing navigation, and connections and mental health, addictions and income support services.
- Focuses on long-term stability, helps clients maintain housing and improve overall wellbeing.

Dementia Support

33. Alzheimer Society of Saskatchewan

306-949-4141 or 1-877-949-4141

#301 2550 12 Ave, Regina, SK S4P 3X1

helpline@alzheimer.sk.ca | www.alzheimer.ca/sk

- Information and education sessions on Alzheimer's disease and other dementias. Includes communication tips, coping strategies and planning for the future.
- Connection to Alzheimer society, community programs and support groups, for persons with dementia and their families.
- **Minds in Motion Program** provides exercise and social programming to seniors.
- Virtual programs available across the province. Accessible to all residents of Lloydminster.

Dental, Health and Wellness Services

34. Acoustic Audiology & Hearing Aid Services Inc.

780-875-9711

#8 5405 44 St, Lloydminster, AB T9V 0A9

reception@acousticaudiology.ca | www.acousticaudiology.ca

- **Comprehensive Hearing Assessments** – Expert diagnostic testing for hearing loss, tinnitus, and related conditions.
- **Personalized Hearing Aid Solutions** – Fittings, adjustments and rehabilitation using the latest hearing aid technology.
- **Lloydminster's Only Audiology Clinic** – Family-owned and locally operated.

35. Capstone Denture & Implant Center

780-875-6721

#103 3811 51 Ave, Lloydminster, AB T9V 2C3

info@capstonedenturecenter.com | www.capstonedenturecenter.com

- Provides complete and partial dentures.
- Provides denture repairs and relines.

36. CareicaHealth

780-701-4531

#1 1808 50 Ave, Lloydminster, AB T9V 2W7

info@careicahealth.com | www.careicahealth.com

- Sleep apnea testing and treatment.
- Home and portable oxygen therapy.

37. Connect Hearing

780-875-4884

#105 3802 51 Ave, Lloydminster, AB T9V 3M7

info@connecthearing.ca | www.connecthearing.ca

- Conducts comprehensive hearing assessments on-site, no referral is needed.
- Programs and adjusts hearing aids as well as custom ear plugs.

38. Hearing Life

780-875-7303

#1 5114 46 St, Lloydminster, AB T9V 0C6

info@hearinglife.ca | www.hearinglife.ca

- Conducts free hearing tests on site. No referral needed.
- Programs and adjusts hearing aids as well as custom ear plugs.

39. Medicare Lloydminster

780-871-2889

6601 43 St, Lloydminster, AB T9V 3E8

admin@medicarelloyd.com | www.medicarelloyd.com

- Provides stair and porch lifts, bathroom and bedroom safety equipment to support daily living.
- Includes rental of wheelchairs, knee scooters, walkers and Cryo Coolers (based on availabilities).

40. Meridian Denture Clinic

306-307-0566

#1 2803 50 Ave, Lloydminster, SK S9V 2A8

meridiandenture@gmail.com | www.meridiandenture.ca

- Provides standard and precision denture services.
- Provides partial dentures including acrylic, cast metal and flexible appliances.
- Provides retained denture implants, relines, tissue conditioning and denture repairs.

Disabilities and Health Information

41. ALS Alberta

403-228-3857

7874 10 St NE, Calgary, AB T2E 8W1

info@alsab.ca | www.alsab.ca

- Services and supports for persons living with Amyotrophic Lateral Sclerosis (ALS).
- Provides information and referral to individuals affected by ALS.
- Supports groups to help people living with ALS, their families and caregivers.
- **Equipment Loan Program** provides power mobility devices, assistive communication devices and other medical equipment.

42. ALS Saskatchewan

306-949-4100

Unit C, 2430 8 Ave, Regina, SK S4R 5E3

director@alssask.ca | www.alssask.ca

- Services and supports for persons living with Amyotrophic Lateral Sclerosis (ALS).
- Provides information and referral to individuals affected by ALS.
- Supports Groups to help people living with ALS, their families and caregivers.
- **Equipment Loan Program** provides mobility devices such as wheelchairs, walkers, hospital beds, commodes, lifts and other medical equipment required by people with ALS.

43. Healthline (SK)

811 or 1-800-855-0511 (SaskTel Relay Operator for deaf and hard of hearing)

www.saskhealthauthority.ca

- A confidential, 24-hour health information and support telephone line available to Saskatchewan residents, staffed by registered nurses, registered psychiatric nurses and registered social workers.
- Offers professional health advice or mental health support.
- Information can be a variety of medical concerns, including but not limited to mental health, sexual health, physical concerns and advice for parents and caregivers.

44. Health Link (AB)

811

www.myhealth.alberta.ca

- 24/7 telephone line providing medical advice on a variety of issues and information from a registered nurse.
- Provides information on topics such as mental health, sexual health, physical concerns and advice for parents and caregivers.
- Assists with finding health care services such as immunization clinics, doctors and health programs.
- Offers dementia advice to support the needs of persons with dementia and their caregivers.

45. Lloydminster and Area Brain Injury Society (LABIS)

306-825-7212

#103 4090 41 St, Lloydminster, SK S9V 2J1

labis@sasktel.net | www.labis.ca

- Offers programming, support and resource sharing for brain-injured persons and their families.

46. Lloydminster Primary Care Network

780-874-0490

#202 5101 48 St, Lloydminster, AB T9V 0H9

www.lloydpcn.ca

- Referral by AB Family Physician is required.
- Provides diabetic footcare.
- Social Worker provides counselling, resources, support with paperwork and access to services.
- Dietitians and Exercise specialists.
- Group classes for hip and knee osteoarthritis, back pain exercise classes, virtual exercise classes and Alzheimer Caregiver Support Group.

47. Multiple Sclerosis (MS) Canada

1-844-859-6789

#150 9405 50 St, Edmonton, AB T6B 2T4

msnavigators@mscanada.ca or info@mscanada.ca | www.mscanada.ca

- **Quality of Life Equipment Program** provides financial assistance to those requiring support with the purchase of mobility equipment and safety devices.
- Provides support with filling out Canadian Pension Plan Disability (CPP-D) application.
- **1-on-1 Peer Support Program** is a telephone and internet-based program for individuals living with MS and caregivers.
- **MS Support Groups** - A complete list of in-person and virtual support groups is available on the website.

48. Muscle Dystrophy Canada

1-800-567-2873

#316 4211 Yonge St, Toronto, ON M2P 2A9

info@muscle.ca | www.muscle.ca

- **Equipment Funding Program and Assistive Technology Program** must be a registered client of Muscular Dystrophy to qualify for financial support programs. Up to a maximum of \$3,000.
- **Family and Caregiver Retreats** provide an opportunity for social gatherings to foster friendship and a sense of community and information sessions, etc.
- Network events, webinars, information, support and education for over 160 neuromuscular diseases.
- **The Systems Navigation Program** helps answer questions related to transition from youth to adult systems, financial aid applications, navigating the healthcare systems and adaptive recreation, etc.
- **Research Hotline** provides information on new studies and treatment, new clinical trials and answer disorder-specific questions, etc.

49. Parkinson Association of Alberta

1-800-561-1911

#120 6835 Railway St SE, Calgary, AB T2H 2V6

info@parkinsonassociation.ca | www.parkinsonassociation.ca

- **Personalized Support** includes one-on-one and family support appointments available by phone, online or in-person, tailored to patron's unique needs.
- **Local & Online Support Groups** provides monthly in-person and online support groups for all those impacted by Parkinson.
- **Educational Programs** provides free online sessions covering medications, home care, housing transitions, government resources and more, including introduction to Parkinson presentation (Parkinson Disease 101).
- **Programs to Stay Active & Engaged** includes online programs that support speech, memory, thinking and social connection, all designed for people living with Parkinson.

50. Saskatchewan Health Authority (SHA) – Chronic Disease Management

306-820-4887

Prairie North Plaza

4910 50 St, Lloydminster, SK S9V 0Y5

www.saskhealthauthority.ca

- Support for stroke rehabilitation and Chronic Obstructive Pulmonary Disease (COPD).
- Cardiac and diabetes Education.
- Administers Strides program and Live-Well peer-led groups.
- Exercise therapy classes and support.
- Referral required for some services.

51. Saskatchewan Health Authority (SHA) – Lloydminster Hospital

306-820-6000

3820 43 Ave, Lloydminster, SK S9V 1Y5

www.saskhealthauthority.ca

- Provides emergency care and medical services.
- Information on local clinics.

52. Saskatchewan Health Authority (SHA) – Primary Health Services

306-820-6120

Prairie North Plaza

#101 4910 50 St, Lloydminster, SK S9V 0Y5

www.saskhealthauthority.ca

- Administers and provides consultation on adult immunizations and travel vaccinations.
- Offers education and prevention resources.
- Provides referrals to health care services.
- Active care coordination of communicable diseases like Human Immunodeficiency Virus (HIV), hepatitis, sexually transmitted infections and animal bites.
- Facilitates Acquired Brain Injury Program.

Guardianship and Trusteeship

53. Office of the Public Guardian and Trustee (AB)

780-871-6490

Main Floor, Provincial Building

5124 50 St, Lloydminster, AB T9V 0M3

www.alberta.ca/opgt-supports

- Information on personal directives and options to write a personal directive.
- Information on supported decision-making authorizations.
- Information on substitute decision making options including specific decision making, co-decision making, guardianship and/or trusteeship.
- Personal and financial substitute decision making for vulnerable persons.

54. Office of the Public Guardian and Trustee (SK)

306-787-5424 or 1-877-787-5424

pgt@gov.sk.ca | www.saskatchewan.ca

- Administers the property and finances of adults who are incapable of managing their financial affairs, monitors other property guardians and investigates allegations of financial abuse.
- Administers the estates of deceased persons.
- Holds and administers unclaimed property.

Home Care

55. Saskatchewan Health Authority (SHA) – Home Care

306-820-6200

Prairie North Plaza

#114 4910 50 St, Lloydminster, SK S9V 0Y5

www.saskhealthauthority.ca

- **Meals on Wheels Program** provides meals that are made at the Lloydminster Hospital for seniors and persons with disabilities who reside within Lloydminster. Meals are delivered every Monday to Friday.
- **Adult Day Program**
 - Social and recreational activities for seniors and adults requiring assistance. Contact Home Care Office for eligibility and registration.
 - Provides caregiver relief.
 - Located at Lloydminster Continuing Care (7402 29 St).
 - Program offered Monday to Friday. Daily fee includes food and refreshments. Up to 10 people per day.
- **Case Management** involves conducting assessments to identify needs and facilitate connections to appropriate services and supports.
- **Homemaking**
 - Bath assistance, morning and evening care, surveillance checks and medication assistance. These are billed services.
 - In-home respite is available throughout the day (not 24-hour service).
- **Nursing Support**
 - In-home and in-facility support. Procedures and treatments as ordered by a physician.
 - Education and assistance in helping to manage specific health care needs.
 - Assistance in coordinating care with physicians and other health care professionals.
 - Support and care to clients and their loved ones who are dealing with terminal illnesses.
 - Wound management.
- **Wellness Program** provides wellness checks and foot care (based on assessments).
- **Palliative Care Co-ordination**
 - This program provides active compassionate care that focuses on improving the quality of life for individuals who are facing a life-threatening disease.
 - Available for in-home, hospital or care facility.
- **Skin and Wound Specialist** provides direction and guidance in advanced treatment.

Identification, Documentation, or Healthcare Cards

56. eHealth Saskatchewan

1-800-667-7551

3rd Floor, 2130 11 Ave, Regina, SK S4P 0J5

www.ehealthsask.ca

- SK Health cards registration.
- Provides several vital statistics services, including marriage licences, birth, death and marriage certificates and legal changes of name.
- Processes change of sex designation on birth certificate and other vital event registrations.

57. SaskAbilities

306-385-7213

2310 Louise Ave, Saskatoon, SK S7H 2C7

parkingprogram@saskabilities.ca | www.saskabilities.ca

- **Accessible Parking Program**
 - Issues parking permits for designated parking spots to individuals with specific mobility challenges.
 - Application forms must be completed by the applicant and any of the designated health professionals on the form.
 - Forms can be processed in person at any of the designated locations listed in the form or can also be mailed.

58. Western Financial Group (SGI)

306-825-9791

3001 50 Ave, Lloydminster, SK S9V 0N7

www.westernfinancialgroup.ca

- Saskatchewan driver's licence registration.

59. Wilson Registries (AB)

780-875-5818

#2 1202 50 Ave, Lloydminster, AB T9V 0Y1

www.whwr.ca

- Alberta health card registration.
- Alberta driver's licence registration.
- Provides several vital statistics services, including marriage licences, birth, death and marriage certificates and legal changes of name.
- **Parking Placard Application for Persons with Disabilities.** Application must be completed by the applicant and an authorized healthcare professional. For more information, visit www.alberta.ca/parking-placard-disabilities.
- Completed forms must be submitted to the office along with an acceptable identification and proof of Alberta residency.

Immigrants

60. Catholic Social Services – Gateway for Newcomers

780-875-9084

6612 35 St, Lloydminster, AB T9V 3H1

www.cssalberta.ca

- **Gateway for Newcomers Program** supports the needs of immigrants living and/or working in Lloydminster and surrounding communities.

Indigenous Peoples

61. First Nations and Inuit Hope for Wellness Help Line

1-855-242-3310

www.hopeforwellness.ca

- Offers 24/7 mental health counselling and crisis intervention to all Indigenous people across Canada.
- Experienced and culturally competent helpline counsellors can help if you are distressed, have strong emotional reactions, are triggered by painful memories, or want to talk.
- Call the toll-free line or use the chat box on the website to connect with a counsellor online.
- Service is multilingual – French, English, Cree, Ojibway and Inuktitut.

62. Lloydminster Native Friendship Centre

306-825-6558

4602 49 Ave, Lloydminster, SK S9V 0T2

reception@lnfc.org | www.lnfc.org

- Provides support and referrals to individuals who require assistance with community resources and services.

Walk in Clinics

63. Border City Clinic

306-825-4427

2707 50 Ave, Lloydminster, SK S9V 2A8

www.bordercityclinic.com

- Walk-in clinic that operates every Monday to Friday, 9 a.m. to 6 p.m. and Saturday, 10 a.m. to 3 p.m. Closed on all public holidays and during lunch from 12 to 1 p.m.

64. Prairie North Health Centre

306-820-5997

Prairie North Plaza

#115 4910 50 St, Lloydminster, SK S9V 0Y5

- Walk-in clinic available on specific days and times. Please reach out to the clinic for more information.

Addiction

65. Addiction and Mental Health Helpline

1-866-332-2322

- 24/7 confidential telephone line that provides support, information and referrals to Albertans experiencing addiction and mental health concerns, including problem gambling.

66. Al-Anon Programs

306-665-3838

www.sk-alanon.ca

- Provides information on meeting dates and location.
- Members of Al-Anon groups share their experience, strength and hope with each other in order to solve their common problems resulting from others' struggle with alcoholism.
- Peer support for partners, children, parents, other relatives and friends of persons living with alcohol use disorders.

67. Alcoholic Anonymous Lloydminster

780-875-3571

www.lloydminsteraa.com

- Provides information on meeting dates and location.
- Provides referrals to addiction specialists.

68. Problem Gambling Helpline

1-800-306-6789

www.spgh.ca

- 24/7 helpline for families and people affected by gambling and addictions.
- Confidential and professional counselling.
- Information and resources on gambling addictions.
- Crisis intervention services.
- Referrals to Regional Health Authority gambling counsellors and self-help groups.

69. Residents in Recovery Society

1-877-201-3955

4804 50 Ave, Lloydminster, AB T9V 0W5

info@residentsinrecovery.com | www.residentsinrecovery.com

- Provides support to individuals struggling with addictions and mental health issues.
- **Intensive Outpatient Recovery Program** is a mental health and addiction related day programming for individuals (18+).
- **Pre-treatment Sober Living Program** is for individuals awaiting residential treatment. Individuals must be 18+ and are free of drugs or alcohol for minimum of 7 days.
- **Post-treatment Sober Living Program** is for individuals that have completed residential treatment. Individuals must be 18+, have completed treatment in the past 6 months and have maintained abstinence since treatment.

70. Saskatchewan Health Authority (SHA) – Harm Reduction Program

306-821-2982

Prairie North Plaza

#101 4910 50 St, Lloydminster, SK S9V 0Y5

www.saskhealthauthority.ca

- Provides free condoms.
- Available resources on Human Immunodeficiency Virus (HIV), Hepatitis C, Sexually Transmitted Infections (STI) and harm reduction.
- **HIV Peer-Mentor Program** supports individuals with HIV who struggle to manage their condition.
- Provides referrals and supports for individuals with HIV who struggle to manage their condition.

71. Thorpe Recovery Centre

780-875-8890 or 1-877-875-8890

PO Box 291

21060 Tranquility Way, Blackfoot, AB T0B 0L0

info@thorperecoverycentre.org | www.thorperecoverycentre.org

- Provides strength, hope and healing to those affected by addictions and related mental health challenges.
- **Residential Addiction Treatment** is a well-rounded approach to ensure individuals are on the path to recovery. A minimum of seven days of clean/sober time is required prior to admission into the Residential Treatment Program.
- **Medically Supported Detox Services** is a safe environment for those in the initial stages of recovery.

Mental Health

72. Saskatchewan Health Authority (SHA) – Lloydminster Mental Health and Addictions

306-820-6250

3830 43 Ave, Lloydminster, SK S9V 1Y3

www.saskhealthauthority.ca

- Individual and couple mental health counselling.
- Provides referral to a psychiatrist.
- Addiction counselling for individual and group-based programs.
- **Community Recovery Team** assists long-term mentally ill clients through provisions of long-term case management services.

73. Walking Through Grief Society

780-846-2576

Box 676, Kitscoty, AB T0B 2P0

programdirector@wtgsociety.org

wtgrief.wixsite.com/walkingthroughgrief

- Group and individual support for adult, children, or those impacted by life losses.
- Educational Presentations on grief and life losses.
- Support clients who are navigating through their grief journey.
- Provide support to those coping through the year of first and significant days.

Mental Health: Who Do I Contact

If you:

- have hurt or harmed yourself or someone else
- are worried you might harm yourself or someone else
- are having thoughts of suicide, made a plan for suicide, or have attempted suicide
- are feeling desperate and hopeless
- are experiencing extreme emotional distress

Call for help immediately!

Please do one of the following:

- Call 911 immediately
- If someone is with you, ask them for help
- Go directly to the nearest hospital emergency department: Lloydminster Hospital 3820 43 Ave Lloydminster SK

If you are:

- feeling stressed, irritable, or sad and it is not getting better
- experiencing distressful thoughts or emotions
- having restless or disturbed sleep
- struggling to focus at work, missing work
- avoiding other people or isolating yourself
- substance use is impacting your life negatively

Connect with a health professional such as a doctor or counsellor:

- Dial 811 Health Link/Healthline available 24/7 to be connected to a health professional
- Call 306-820-6250 Lloydminster Mental Health and Addictions

If you are:

- feeling strong emotions (stress, irritability, sadness)
- experiencing restless or disturbed sleep
- noticing an increase in substance use

Then start by:

- using strategies to promote positive mental health
- talking about your concerns with someone you feel comfortable with; a friend, a family member, a teacher, a doctor, a faith leader, or a supervisor

- If you are looking for more information about mental health resources in our community
- If you want more information about strategies to support positive mental health

- Lloydminster Mental Health Navigation Tool www.lloydminstermentalhealth.ca
- Check with your employer, school, college or faith community about mental health supports and access to counselling

6

Safety and Security

Crisis and Emergency

74. Alberta Family Violence Info Line

310-1818 (call or text)

www.alberta.ca/family-violence

- 24/7 support line for individuals who are experiencing domestic abuse.
- Provides family violence support, safety planning, resources, local services and supports.
- Services are available in multiple languages.
- In the event of an emergency, please contact 911.

75. Lloydminster Sexual Assault Services

306-825-8255

5011 49 Ave, Lloydminster, SK S9V 1R5

reception@lsas.ca | www.lsas.ca

- Provides individual support to individuals and families who have been, directly or indirectly, impacted by sexual violence.
- **North Ryken Enhanced Services** are programs to support clients' healing journey. These include Anger Resolution, Emotional Freedom Tapping (EFT), Eye Movement Desensitization and Reprocessing (EMDR), Reconnection Program and Trauma-Informed Yoga.
- **Police and Court Support Program** provides a court advocate to the client to help them navigate the judicial system.

76. Midwest Victim Services

780-874-5022

RCMP Building, 5106 44 St, Lloydminster, AB T9V 3M1

jennifer.hauberg@rcmp-grc.gc.ca | www.midwestvictimservices.com

- Provides support, information and referrals and court support to victims of crime and traumatic events.
- Crisis intervention and traumatic events support.
- Emotional and practical support.
- Staff and volunteers are available 24/7 by RCMP callouts.

77. Protection for Persons in Care Reporting Line

1-888-357-9339

health.ppc@gov.ab.ca | www.alberta.ca/protection-for-persons-in-care

- Report and prevent abuse of adults receiving care from service providers identified in the Protection for Persons in Care legislation.

78. SPARK Foundation of Lloydminster – Family Violence Outreach

780-875-0966 (Crisis Line) | 780-808-1777 (Text Line)

780-808-5282 ext. 4001 or 4002

communityoutreach@sparklloydminster.ca

- Includes one-on-one personalized supports for women affected by family violence.
- Empowers women to create meaningful change that leads to safety and wellbeing.

79. SPARK Foundation of Lloydminster – Support for Older Adults

306-830-8585

4201 47 Ave, Lloydminster, SK S9V 2C7

supportsforolderadults@sparklloydminster.ca

- Includes one-on-one personalized support for older adults experiencing trouble in a trusting relationship.

Public Safety

80. Bylaw Enforcement

780-874-3710

RCMP Building, 5106 44 St, Lloydminster, AB T9V 3M1

bylaw@lloydminster.ca | www.lloydminster.ca/reportaconcern

- Provides support for animal control issues, traffic and parking complaints, untidy premises and lost and found inquiries.

81. Needle Drop Locations

- To dispose of needles and sharps, visit Prairie North Plaza 4910 50 St Lloydminster, SK (north side).
- *Warning: Always use caution and protect yourself when handling needles and sharps. If you find a needle in a public place, contact Bylaw Enforcement at 780-874-3710.*

82. Royal Canadian Mounted Police (RCMP)

780-808-8300 | 780-808-8400

RCMP Building, 5106 44 St, Lloydminster, AB T9V 3M1

- For non-emergency inquiries such as theft, vandalism, etc., call 780-808-8400.
- For administration such as criminal record checks, court inquiries, etc., call 780-808-8300.
- In the event of an emergency, call 911.



Emergency Preparedness for Seniors

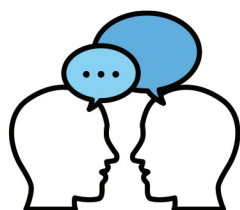
What is emergency preparedness?

Emergencies or disasters can happen at any time.

By planning ahead and preparing, you can lessen the potential consequences to yourself and others. Take steps to minimize the effect of potential emergencies by reviewing and implementing some of the following information.

Essential Emergency Planning

- Create an emergency plan
- Compile an emergency kit
- Compose an emergency contact list



Types of Emergencies

- Power outage during winter
- Extreme temperatures
- Dangerous goods spills
- Structure fires

City of Lloydminster 780-875-6184



For emergencies call:

9-1-1

Emergency Preparedness for Seniors

Always have enough food, bottled water, medical supplies and medication in your residence to live for 72 hours without outside help.

Be prepared for evacuation or shelter in place by creating and maintaining an emergency kit. This kit should have the essentials to take care of yourself (or provide clear information for caregivers).

In addition to general emergency preparedness items, evaluate whether you need to include any of the following essential items:

- List of medications (dosages and times taken)
- Extra medical supplies (ex. syringes for insulin)
- Spare set of contact lenses or glasses
- Extra batteries (ex. hearing aid batteries)
- Have a medical ID bracelet

Other ways to be prepared:

- Keep all important documents in a waterproof bag
- Label your equipment with your name and contact information (walker, wheelchair, oxygen tank, etc.)

Trusted sources of information

- City of Lloydminster website
- Alberta Emergency Management Agency (AEMA)
- Saskatchewan Public Safety Agency (SPSA)

City of Lloydminster 780-875-6184



LLOYDMINSTER

Safe, Seen and Supported: Elder Abuse Prevention

What is elder abuse?

Elder abuse refers to any intentional or reckless act, or a willful and negligent disregard, that occurs within a relationship of trust, family, or dependence and is directed toward someone aged 65 or older. Elder abuse can include:

- Physical, emotional or psychological harm
- Misuse or theft of money, personal belongings or property
- Non-consensual sexual contact, behavior or activity
- Failing to provide basic necessities such as food, shelter or medical care

Who is at risk?

Any older adult can be a victim of elder abuse, regardless of gender, ethnicity, sexual orientation, disability, income level or education.

- While there is limited data on elder abuse in Canada and globally, this is largely due to underreporting. Research suggests that between four and ten percent of older Canadians may experience some form of abuse.

Why it often goes unreported?

- Fear of retaliation or losing a relationship
- Emotional attachment to the abuser
- Cognitive impairment or lack of understanding
- Unawareness of available supports or resources
- Cultural or language barriers
- Belief that the abuse is normal or deserved

Common Types of Elder Abuse

Financial Abuse

Financial abuse is one of the most common forms of elder abuse in Canada. It can be difficult to detect, as it often occurs gradually over time rather than as a single incident. This type of abuse involves the misuse of an older adult's money or property through deception, coercion or theft. Examples include:

- Misusing money or personal property
- Pressuring someone to sign legal or financial documents without proper explanation
- Making unauthorized changes to a will or power of attorney
- Forging signatures on cheques or legal documents

Emotional Abuse

Emotional abuse includes any act—verbal or non-verbal—that diminishes a senior's dignity or self-worth and affects their emotional well-being. It involves attempts to humiliate, intimidate or control. Examples include:

- Threatening violence or abandonment
- Treating the person in a patronizing or demeaning way
- Ignoring, isolating, or excluding the person from family or social activities
- Preventing access to grandchildren or loved ones

Physical Abuse

Physical abuse involves the use of force that causes pain, injury, or discomfort—whether or not there is visible harm. Examples include:

- Hitting, pushing, slapping, or shaking
- Using physical or chemical restraints inappropriately
- Inflicting unexplained burns, bruises, cuts or swelling
- Forcing confinement or isolation

Common Types of Elder Abuse

Sexual Abuse

Sexual abuse refers to any sexual activity without the person's consent. This includes physical acts and unwanted verbal behavior. Examples include:

- Inappropriate or suggestive comments
- Non-consensual sexual intercourse
- Coercion into degrading or unwanted acts
- Unwanted touching or fondling

Neglect

Neglect is the failure—intentional or not—to provide necessary care or support. It endangers an older adult's health, safety or well-being. Examples include:

- Not providing safe, clean and appropriate housing
- Ignoring hygiene needs, nutrition, or clean clothing
- Abandoning or deserting an older adult
- Failing to provide proper clothing for weather conditions (e.g., no winter gear in cold temperatures)

Medication Abuse

Medication abuse involves the improper use of an older adult's prescriptions, whether deliberately or through negligence. Examples include:

- Withholding necessary medications
- Administering incorrect dosages (too much or too little)
- Using medication to sedate unnecessarily
- Failing to refill prescriptions when needed

**WHAT SHOULD I DO IF I THINK I AM BEING
HARMED OR IN AN UNHEALTHY RELATIONSHIP?**

What to Do If You're Experiencing Elder Abuse:



If you are in immediate danger, leave the situation.

Go to a safe place right away, such as a neighbour's home, a friend or relative's house, or a nearby business. You can also ask to be taken to a shelter. If you cannot leave, call 9-1-1 immediately.



Talk to someone you trust.

Speak with someone you feel safe with—this could be a family member, friend, public health nurse, social worker, home care provider, doctor or someone from your place of worship.



Keep a record.

Document what's happening to you. Keeping a daily record of incidents can help you or others if you decide to seek support or take legal action.



Consider legal protection.

All forms of abuse are wrong—some are also against the law. You may be able to apply for a protection order to legally prevent the person causing harm from contacting or approaching you.



Remember: It is not your fault.

You are not to blame for the abuse. Support is available and you deserve to live in safety and with dignity. Many community organizations are here to help you protect your rights and well-being.

Who to Call for Help:

- If you or someone else is in immediate danger, call 9-1-1.
- **Family Violence Info Line**
 - Call or text **310-1818** for confidential information, advice and referrals. Available 24/7, toll-free across Alberta, in over 170 languages.
 - You can also access live chat at www.alberta.ca/SafetyChat.
- **Safeguards for Vulnerable Adults Information and Reporting Line**
 - Call **1-888-357-9339** to report:
 - Abuse of an adult receiving publicly funded care or services
 - Concerns about accommodation standards in assisted living or continuing care
 - Misconduct by a co-decision maker, guardian, or trustee

More information about elder abuse is available at:
www.alberta.ca/get-help-elder-abuse.

The Alberta Elder Abuse Awareness Council facilitates the sharing of knowledge, resources and tools about elder abuse amongst people who work with older adults in Alberta.
Visit the website at **www.albertaelderabuse.ca**.

83. Bioclean Aquatic Centre

780-875-4497

2902 59 Ave, Lloydminster, AB T9V 1Y2

aquatics@lloydminster.ca | www.lloydminster.ca/BAC

- **Senior Swim** (50+) on set days and times. Contact facility for more information.
- During summer season, senior swim is available at the Co-op Community Outdoor Pool (4713 57 Ave, Lloydminster, AB T9V 1A3). Contact facility for specific dates and times.

84. Legacy Centre

780-875-4584

5101 46 St Lloydminster, AB T9V 3B8

legcen4584@gmail.com

- The Lloydminster Senior Citizens Society manages the Legacy Centre.
- Offers regularly scheduled activities for older adults (55+) such as exercises, line dancing, cards, choir, art group and more.
- Venue can be rented for different occasions. Must call the office to book and get specific details.
- Free tax assessments are available in March and April to eligible residents with low-income and a simple tax solution.

85. Lloydminster Golf & Curling Centre

306-825-5494

4706 54 St, Lloydminster, SK S9V 0S1

lgcc@lloydminster.ca | www.lloydminster.ca/lgcc

- Offers a variety of seasonal recreation opportunities including golf, curling (from October to March) and squash and racquetball courts (all-year).

86. Recreation Access Program

780-875-6184

4420 50 Ave, Lloydminster, AB T9V 0W2

fcss@lloydminster.ca | www.lloydminster.ca/RAP

- Income-based program to support eligible residents to access City of Lloydminster recreation and cultural facilities at a reduced rate:
 - \$2 drop-in for adults (18+).
 - \$1 drop-in for child to youth (2-17).
 - 75% off memberships.
- Participating RAP locations:
 - Bioclean Aquatic Centre (2902 59 Ave, Lloydminster, AB T9V 1Y2).
 - Lloydminster Museum + Archives (4207 44 St, Lloydminster, SK S9V 0C6).
 - Co-op Community Outdoor Pool (4713 57 Ave, Lloydminster, AB T9V 1A3).
 - Servus Sports Centre (5202 12 St, Lloydminster, AB T9V 0W1).

87. Servus Sports Centre

780-875-4529

5202 12 St, Lloydminster, AB T9V 0W1

fitness@lloydminster.ca | www.lloydminster.ca/SSC

- Pickle Ball drop-ins on set days and time. Contact facility for more information.
- **Toonie Tuesday** (60+) provides access to the Fitness Centre and any drop-in activities for \$2 and free access to the Agland Fitness Track on Tuesdays.
- **Step in for Free** (65+) provides access to the Agland Fitness Track everyday. Must register to receive free membership.

Funeral Services

88. Creech's Lakeland Funeral Home & Crematorium

780-875-3200

5422 50 Ave, Lloydminster, AB T9V 0X1

funeral@creechs.ca | www.creechsfh.ca

- Provides funeral, cremation, pre-planning, monument and small-funeral services.

89. McCaw Funeral Services Ltd.

780-875-4444

5101 50 St, Lloydminster, AB T9V 0M2

info@mccawfs.com | www.mccawfuneralservice.com

- Provides funeral, pre-planning and cremation services.
- Provides memorial information and family resources.
- Accepts charitable donations via cheque.

notes

Pharmacies in Lloydminster

1. Alicia's Apothecary

780-872-5003

#101 1724 50 Ave, Lloydminster, AB T9V 0Y1

2. Co-op Market Place Pharmacy

780-808-2180

3606 50 Ave, Lloydminster, AB T9V 0V7

- Delivery is free for seniors (65+) living within Lloydminster municipal limits.

3. Family Pharmacy

780-871-5388

5120 46 St, Lloydminster, AB T9V 2P7

- Delivery is free for residents living within Lloydminster municipal limits.

4. Family Pharmacy

306-825-5389

#117 4910 50 St, Lloydminster, SK S9V 0Y5

- Delivery is free for residents living within Lloydminster municipal limits.

5. Family Pharmacy

306-825-5388

2707 50 Ave, Lloydminster, SK S9V 2A8

- Delivery is free for residents living within Lloydminster municipal limits.

6. Lakeside Pharmacy Lloydminster

780-875-1595

1208 61 Ave, Lloydminster, AB T9V 3S2

- Free local delivery
- Drive thru pharmacy

7. Lloyd Drug Mart

780-872-7045

#101 4100 70 Ave, Lloydminster, AB T9V 2X3

- Delivery is free for residents living within Lloydminster municipal limits.

8. Loblaw Pharmacy

780-871-8041

5031 44 St, Lloydminster, AB T9V 0A6

- Delivery is free for residents living within Lloydminster municipal limits.

9. Safeway Pharmacy

780-875-0447

5211 44 St, Lloydminster, AB T9V 0A7

- Delivery is free for residents living within Lloydminster municipal limits.

10. Shoppers Drug Mart (Lloyd Mall)

780-875-2031

#200 5211 44 St, Lloydminster, AB T9V 0A7

- Delivery is free for residents living within Lloydminster municipal limits.

11. Shoppers Drug Mart (Power Centre)

780-872-7451

7509 44 St, Lloydminster, AB T9V 0X9

- Delivery is free for residents living within Lloydminster municipal limits.

12. Sprucewood Pharmacy & Homecare

780-875-7283

#2 5114 46 Street, Lloydminster, AB T9V 0C6

- Delivery is free for residents living within Lloydminster municipal limits.

13. Sunrise Pharmacy

587-789-1555

#102 5001 18 St, Lloydminster, AB T9V 2G7

- Delivery is free for residents living within Lloydminster municipal limits.

14. Wal-Mart Pharmacy

780-875-9856

4210 70 Ave, Lloydminster, AB T9V 0B5

- Delivery is free for residents living within Lloydminster municipal limits.

Places to Worship

**1. ACTS Church
(Apostle's Church of Today's Saints)**

306-825-2285
4729 50 St, Lloydminster, SK S9V 0M6

2. Agape Church

306-603-2020
2nd Floor, Stockade Building
5521 49 Ave, Lloydminster, SK S9V 0Y7

3. Anglican Church

306-825-3116
4709 49 Ave, Lloydminster, SK S9V OT3

4. Baitul Amaan Mosque

306-825-3002
4530 50 St, Lloydminster, SK S9V 1B8

5. ARC Foursquare Church Lloydminster

780-872-8001
4907 49 Ave, Lloydminster, SK S9V OT6

**6. Church of Jesus Christ
of Latter-Day Saints**

780-875-5727
3302 51 Ave, Lloydminster, AB T9V 1H9

7. City Church

780-808-4244
5115 49 St, Lloydminster, AB T9V OK3

8. First Baptist Church

306-825-2451
3915 47 Ave, Lloydminster, SK S9V 2C7

9. First Lutheran Church

780-875-9797
2925 57A Ave, Lloydminster, AB T9V 1W5

10. Grace United Church

780-875-8959
4708 50 Ave, Lloydminster, AB T9V OW4

11. Gurudwara Sahib Lloydminster

639-840-2636
3707 49 Ave, Lloydminster, SK S9V OR7

**12. Holy Spirit Ukrainian
Catholic Church**

780-668-8991
5120 54A St, Lloydminster, AB T9V OS5

13. Iglesia ni Cristo (Church of Christ)

306-307-4553
4709 49 Ave, Lloydminster, SK S9V OT3

14. IRM Ministries Lloydminster

irmllloydminster@gmail.com
4709 49 Ave, Lloydminster, SK S9V OT3

15. Living Faith Church

780-875-5464
5101 31 St, Lloydminster, AB T9V 1L1

16. Lloydminster Gospel Fellowship

306-789-0565
4620 47 Ave, Lloydminster, SK S9V OW3

17. Lloydminster Islamic Centre

780-870-1961
4610 49 Ave, Lloydminster, SK S9V OT2

18. Mosaic Church

mosaiclloyd@gmail.com
Box 1505 Lloydminster, AB T9V 3B8

19. NewLife Community Church

306-825-4444
2611 50 Ave, Lloydminster, SK S9V 2A8

20. Potter's House Christian Fellowship

306-821-7511
6604 50 Ave, Lloydminster, AB T9V 2T9

21. RCCG Destiny House Church

306-307-7608
5003 48 Ave, Lloydminster, SK S9V OV8

22. Salvation Army Community Church

780-875-9166
2302 53 Ave, Lloydminster, AB T9V 2P9

Places to Worship

23. Seventh Day Adventist Church

780-875-7100

5401 31 St, Lloydminster, AB T9V 1J3

24. Southridge Community Church

780-875-8929

5701 41 St, Lloydminster, AB T9V 2A4

25. St. Anthony Catholic Parish

780-875-2883

2704 56 Ave, Lloydminster, AB T9V 2C1

26. The Word Church

306-825-9673

1802 49 Ave, Lloydminster, SK S9V 1T2

27. Ukrainian Orthodox Church

306-737-4697

4605 56A Ave, Lloydminster, AB T9V 0H2

28. United Pentecostal Church

780-875-4655

5508 45 St, Lloydminster, AB T9V 0C2

notes

The 2025-2027 Seniors Supports: Lloydminster Seniors' Resource & Connections Directory is a publication of the Social Programs and Services (SPS) department.

This directory is not a full list of all services available in our community. The listing of an organization in this directory does not indicate endorsement, nor does the exclusion of an agency imply disapproval. Best efforts were made to ensure all information in this directory is accurate and up-to-date at the time of publication. SPS Lloydminster assumes no responsibility to any person, persons, or agency for the information contained in this document.

Recommended updates and changes for future publications may be emailed to fcss@lloydminster.ca.

This directory can be found online at
www.lloydminster.ca/SeniorsSupports.

This directory is produced with the help of our community partners and the public through engagements. We want to thank the incredible service providers who share their time and talents to support residents and make Lloydminster a great place to live.



4420 50 Avenue
Lloydminster, AB, T9V 0W2
780-875-6184

This directory is available online at:
www.lloydminster.ca/SeniorsSupports

